



SCOP SPA MASSAGE

This SOP outlines guidelines to ensure that all spa and wellness activities are delivered in a safe, ethical, culturally respectful, and sustainable manner, while also safeguarding participant wellbeing and supporting local communities.

Guidelines

1. Ensure applicable legal permits & therapist qualifications are in place, as required.
2. Ensure insurance for participants & team is in place.
3. Ensure enough team members are available in case of emergency.
4. Incorporate local products or traditional treatments, where possible.
5. Feature local culture / nature in creating the spa ambience.
6. Use natural, healthy spa products that are not harmful to human & environmental health, including non-toxic air fragrances.
7. Avoid single use & disposable items.
8. Provide information in advance about your sustainability actions, accessibility of the experience, what to expect & what to bring with.
9. Screen participants to make sure that the activity is well suited to their fitness & level of ability.
10. Brief participants about do's & don'ts, hygiene, what to expect, applicable etiquette / cultural sensitivity to be respectful of & logistical considerations before the experience begins.
11. Communicate your zero tolerance of child labor, or any activities related to the sex trade or human trafficking.
12. Share information about local nature, culture & social development / conservation projects that participants may want to support.
13. Maximize local economic benefits through employment & purchasing.



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14. Provide adequate waste collection facilities for safe disposal & collect rubbish in the surrounding area.
15. Use eco-friendly products, e.g. detergents to launder spa linen.
16. Use water sparingly, including in spa features where water re-use / recycling may be appropriate.
17. Minimize energy used, including maximizing the use of natural lighting.
18. Obtain written confirmation, e.g. via indemnity, from participants that they are aware of activity risks.
19. Participate in conserving activity area integrity; notify authorities of concern & participate in relevant rehabilitation projects.